FEDERAL EMPLOYEES HEALTH BENEFITS PROGRAM

REQUEST TO CHANGE FEHB ENROLLMENT FOR 2010 PLAN YEAR

Page 2

Read the enclosed instructions before completing this form. Return this form to: USDA/NFC, DPRS Billing Unit, P.O. Box 61760, New Orleans, LA 70161 You may fax your form to 888-212-8734. Do not take any action to maintain your present coverage. COMPLETE THIS FORM *ONLY* IF YOU ARE MAKING CHANGES.

OMB 3206-0202 (Revised (10/09)

Section I. Action. Mark the Change Enrollment block to change your FEHB enrollment.

Change Enrollment. I want to change my FEHB enrollment. I have indicated my selection in Section II. I have either: (1) marked the block of a Nationwide plan, or (2) entered the enrollment code and plan name of an Health Maintenace Organization (HMO) plan, Regional High Deductible Health Plan (HDHP), or Consumer Driven Health Plan (CDHP).

All plan brochure requests must be made through the carrier from whom you wish to receive the brochure or from the FEHB web site at www.onm.gov/insure.health

our enrollment from **self only** to **self a**nd **family**, please list your eligible

| at www.opm.gov/mou | C.ircuiti. | | | | | |
|--|--|--|--|--|--|--|
| Section II. Enrollment Codes and Plan Names. dependents and their birth dates in Section III. | Mark the appropriate blocks. If you are changing your e | | | | | |
| Nationwide Fee-for-Service Plans Open to All | Nationwide Fee-for-Service Plans Open Only | | | | | |
| · | to Specific Groups | | | | | |
| 471 APWU-Self Only | 401 🖳 Foreign Service-Self Only | | | | | |
| 472 APWU-Self and Family | 402 Foreign Service-Self and Family | | | | | |
| 104 □ Blue Cross/Blue Shield-Stnd-Self Only | 421 Association Benefit Plan-Self Only | | | | | |
| 105 ☐ Blue Cross/Blue Shield-Stnd-Self and Family | 422 Association Benefit Plan-Self and Family | | | | | |
| 111 ☐ Blue Cross/Blue Shield-Basic-Self Only | | | | | | |
| 112 ☐ Blue Cross/Blue Shield-Basic-Self and Family | 431 Panama Canal Area-Self Only | | | | | |
| 311 ☐ GEHA-High-Self Only | 432 ☐ Panama Canal Area-Self and Family | | | | | |
| 312 ☐ GEHA-High-Self and Family | 381 ∐ Rural Carriers−Self Only | | | | | |
| 314 GEHA-Stnd-Self Only | 382 □ Rural Carriers-Self and Family | | | | | |
| | | | | | | |
| 315 ☐ GEHA-Stnd-Self and Family | Nationwide High Deductible and Consumer-Driven | | | | | |
| 454 Mail Handlers-Stnd-Self Only | Health Plans | | | | | |
| 455 ☐ Mail Handlers-Stnd-Self and Family | 474 ☐ APWU-CDHP-Self Only | | | | | |
| 414 □ Mail Handlers-Value Option-Self Only | 475 APWU-CDHP-Self and Family | | | | | |
| 415 ☐ Mail Handlers-Value Option-Self and Family | | | | | | |
| 321 □ NALC-Self Only | 341 ☐ GEHA-HDHP Self Only | | | | | |
| 322 □ NALC-Self and Family | 342 GEHA-HDHP Self and Family | | | | | |
| 441 ☐ SAMBA-High-Self Only | 481 ☐ Mail Handlers − HDHP − Self Only | | | | | |
| 442 ☐ SAMBA-High-Self and Family | 482 ☐ Mail Handlers-HDHP-Self and Family | | | | | |
| 444 SAMBA-Stnd-Self Only | | | | | | |
| 445 ☐ SAMBA-Stnd-Self and Family | | | | | | |
| Section III. Dependents' Information. Fill in the additional family members please use a separate sheet of Unmarried dependent child under age 22; 09. Adopted child; 99. Unmarried disabled child over age 22 incapable disability that began before age 22. List additional dependents of the control of the con | f paper. Relationship Codes are: 01. Spouse; 19. child; 17. Step child; 10. Foster child; or recognized le of self-support because of a physical or mental | | | | | |
| Name of Family Member (last, first, middle initial) Social Secu | | | | | | |
| Journal of Manifest Mass, 1830, Milatio Military Journal Section | , | | | | | |
| | | | | | | |
| | M F | | | | | |
| Address (if different from enrollee) | Medicare TRICARE Other Insurance | | | | | |
| | | | | | | |
| | | | | | | |
| | □ A □ B □ D □ □ □ □ | | | | | |
| | Name of Insurance Insurance Policy | | | | | |
| | Number | | | | | |
| | | | | | | |
| | | | | | | |
| Section V. Authorization. You must sign and date | this form. Enter the daytime area code and | | | | | |
| telephone number where you can be contacted to answer questions. | | | | | | |
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| | | | | | | |
| Signature Daytime | Telephone Number Date | | | | | |

| HMO | Plan | ٥r | HDHP | or | CDHP |
|-----|-------|----|------|-----|------|
| | riaii | OI | пипг | OI. | CDRF |

| Enrollment Code | Name of Plan |
|-----------------|--------------|
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Note: If changing Plans to an HMO Plan or HDHP or CDHP, please use the box above to request the change.

Section IV. Address Correction

| ☐ I need the bo | | my | address. | The | changes | are | indicated | in |
|--------------------|--|----|----------|-----|---------|-----|-----------|----|
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